

**MENU & ORDER FORM**  
**WEEK OF July 16th to July 20th**



CLIENT NAME:

MEAL PLAN:  LARGE  MEDIUM  SMALL

Please write in the quantity of selections you'd like for the week, according to the star colors on your meal plan: ★ Gold Star ★ Silver Star ★ Blue Star

MONDAY DELIVERY	WEDNESDAY DELIVERY	FRIDAY DELIVERY
<p>★ <b>Snacks/Sweets/Salads</b> -----</p> <p><input type="checkbox"/> Jumbo Cookie</p> <p><input type="checkbox"/> Apple Pie</p> <p><input type="checkbox"/> Chocolate Pudding Cup</p> <p><input type="checkbox"/> Strawberry Parfait</p> <p><input type="checkbox"/> Hardboiled Egg Cup</p> <p><input type="checkbox"/> Melon, Pineapple and Strawberry Cup</p> <p><input type="checkbox"/> Grapes &amp; Cheese Cup</p> <p><input type="checkbox"/> Tossed Garden Salad</p> <p><input type="checkbox"/> Caesar Side Salad</p> <p><b>S</b> <input type="checkbox"/> Blueberry Yogurt Parfait</p> <p><b>S</b> <input type="checkbox"/> Pineapple Cup</p> <p>★ <b>Sandwiches/Soups</b> -----</p> <p><input type="checkbox"/> Turkey &amp; Cheddar on Wheat</p> <p><input type="checkbox"/> Ham &amp; Cheddar Wrap</p> <p><input type="checkbox"/> Roast Beef &amp; Cheddar Sub</p> <p><input type="checkbox"/> Italian Sub</p> <p><input type="checkbox"/> Egg Salad Sandwich</p> <p><input type="checkbox"/> Chicken Caesar Wrap</p> <p><input type="checkbox"/> Split Pea with Ham Soup</p> <p><input type="checkbox"/> Ham, Cabbage &amp; Potato Soup</p> <p><b>S</b> <input type="checkbox"/> Chef Salad</p> <p><b>S</b> <input type="checkbox"/> Ham &amp; Swiss Sub</p> <p>★ <b>Entrée</b> -----</p> <p><input type="checkbox"/> Mojo Marinated Pork Butt with Whipped Sweet Potatoes and Green Beans</p> <p><input type="checkbox"/> Italian Meatloaf with Whipped Potatoes and Corn</p> <p><input type="checkbox"/> Basil Lemon Chicken Breast with Brown Rice and Broccoli, Cauliflower &amp; Carrots</p> <p><input type="checkbox"/> Baked Macaroni And Cheese with Green Beans</p> <p><input type="checkbox"/> Pasta Primavera With Cream Sauce and Dinner Roll</p>	<p>★ <b>Snacks/Sweets/Salads</b> -----</p> <p><input type="checkbox"/> Jumbo Cookie</p> <p><input type="checkbox"/> Apple Crumble</p> <p><input type="checkbox"/> Chocolate Pudding Cup</p> <p><input type="checkbox"/> Strawberry Parfait</p> <p><input type="checkbox"/> Hardboiled Egg Cup</p> <p><input type="checkbox"/> Melon, Pineapple and Strawberry Cup</p> <p><input type="checkbox"/> Grapes &amp; Cheese Cup</p> <p><input type="checkbox"/> Tossed Garden Salad</p> <p><input type="checkbox"/> Caesar Side Salad</p> <p><b>S</b> <input type="checkbox"/> Blueberry Yogurt Parfait</p> <p><b>S</b> <input type="checkbox"/> Watermelon Cup</p> <p>★ <b>Sandwiches/Soups</b> -----</p> <p><input type="checkbox"/> Turkey &amp; Cheddar on Wheat</p> <p><input type="checkbox"/> Ham &amp; Cheddar Wrap</p> <p><input type="checkbox"/> Roast Beef &amp; Cheddar Sub</p> <p><input type="checkbox"/> Italian Sub</p> <p><input type="checkbox"/> Egg Salad Sandwich</p> <p><input type="checkbox"/> Chicken Caesar Wrap</p> <p><input type="checkbox"/> Turkey Noodle Soup</p> <p><input type="checkbox"/> Italian Bean and Sausage Soup</p> <p><b>S</b> <input type="checkbox"/> Chef Salad</p> <p><b>S</b> <input type="checkbox"/> Ham &amp; Swiss Sub</p> <p>★ <b>Entrée</b> -----</p> <p><input type="checkbox"/> Beef Stroganoff with Egg Noodles and Peas and Carrots</p> <p><input type="checkbox"/> Glazed Baked Ham with Scalloped Potatoes and Sliced Beets</p> <p><input type="checkbox"/> Chopped Beef Steak On Bun with Sautéed Onions &amp; Mushrooms with Whipped Potatoes and Summer Squash Sauté With Red Pepper</p> <p><input type="checkbox"/> Grilled Chicken With Bruschetta Topping with Brown Rice and Peas and Carrots</p> <p><input type="checkbox"/> Baked Ziti With Vegetables and Garlic Bread</p> <p><input type="checkbox"/> Brown Rice &amp; Vegetable Stuffed Pepper with Dinner Roll</p>	<p>★ <b>Snacks/Sweets/Salads</b> -----</p> <p><input type="checkbox"/> Jumbo Cookie</p> <p><input type="checkbox"/> Coconut Cream Pie</p> <p><input type="checkbox"/> Rice Pudding</p> <p><input type="checkbox"/> Strawberry Parfait</p> <p><input type="checkbox"/> Hardboiled Egg Cup</p> <p><input type="checkbox"/> Melon, Pineapple and Strawberry Cup</p> <p><input type="checkbox"/> Grapes &amp; Cheese Cup</p> <p><input type="checkbox"/> Tossed Garden Salad</p> <p><input type="checkbox"/> Caesar Side Salad</p> <p><b>S</b> <input type="checkbox"/> Raspberry &amp; Chocolate Yogurt Parfait</p> <p><b>S</b> <input type="checkbox"/> Watermelon Cup</p> <p>★ <b>Sandwiches/Soups</b> -----</p> <p><input type="checkbox"/> Turkey &amp; Cheddar on Wheat</p> <p><input type="checkbox"/> Ham &amp; Cheddar Wrap</p> <p><input type="checkbox"/> Roast Beef &amp; Cheddar Sub</p> <p><input type="checkbox"/> Italian Sub</p> <p><input type="checkbox"/> Egg Salad Sandwich</p> <p><input type="checkbox"/> Chicken Caesar Wrap</p> <p><input type="checkbox"/> Chicken and Corn Chowder</p> <p><input type="checkbox"/> Beef Barley Soup</p> <p><b>S</b> <input type="checkbox"/> Chef Salad</p> <p><b>S</b> <input type="checkbox"/> Ham &amp; Swiss Sub</p> <p>★ <b>Entrée</b> -----</p> <p><input type="checkbox"/> Traditional Rotisserie Chicken with Whipped Potatoes and Mixed Vegetables</p> <p><input type="checkbox"/> Roast Turkey With Gravy, Cranberry Sauce, Bread Dressing, Whipped Potatoes and Sliced Carrots</p> <p><input type="checkbox"/> Meat Ravioli with Marinara Sauce and Garlic Bread</p> <p><input type="checkbox"/> Grilled Teriyaki Chicken Breast with Brown Rice Pilaf and Broccoli</p> <p><input type="checkbox"/> Vegetarian Shepherd's Pie with Dinner Roll</p> <p><input type="checkbox"/> Vegetable Risotto</p>

NOTES: