

**MENU & ORDER FORM**  
**WEEK OF Dec 11th Dec 17th**



CLIENT NAME:

MEAL PLAN:  LARGE  MEDIUM  SMALL

Please write in the quantity of selections you'd like for the week, according to the star colors on your meal plan: ★ Gold Star ★ Silver Star ★ Blue Star

MONDAY DELIVERY	WEDNESDAY DELIVERY	FRIDAY DELIVERY
<p>★ <b>Snacks/Sweets/Salads</b></p> <p><input type="checkbox"/> Blueberry Muffin  <input type="checkbox"/> Jumbo Cookie  <input type="checkbox"/> Brownie  <input type="checkbox"/> Pudding Cup  <input type="checkbox"/> Strawberry Parfait  <input type="checkbox"/> Hardboiled Egg Cup  <input type="checkbox"/> Fresh Fruit Cup  <input type="checkbox"/> Grapes &amp; Cheese Cup  <input type="checkbox"/> Tossed Garden Salad  <input type="checkbox"/> Caesar Side Salad</p> <p><b>S</b> <input type="checkbox"/> Raspberry &amp; Chocolate Yogurt Parfait  <b>S</b> <input type="checkbox"/> Cantaloupe Fruit Cup</p> <p>★ <b>Sandwiches/Soups</b></p> <p><input type="checkbox"/> Turkey &amp; Cheddar  <input type="checkbox"/> Ham &amp; Cheddar Wrap  <input type="checkbox"/> Roast Beef &amp; Cheddar Sub  <input type="checkbox"/> Italian Sub  <input type="checkbox"/> Chicken Salad Sandwich  <input type="checkbox"/> Tuna Salad Sandwich  <input type="checkbox"/> Chicken Caesar Wrap  <input type="checkbox"/> Chicken Noodle Soup  <input type="checkbox"/> Traditional Chili</p> <p><b>S</b> <input type="checkbox"/> BLT Egg Salad Wrap  <b>S</b> <input type="checkbox"/> Baja Chicken Flat Bread Sandwich  <b>S</b> <input type="checkbox"/> Chicken Caesar Salad</p> <p>★ <b>Entrée</b></p> <p><input type="checkbox"/> Chicken A La King with Buttered Egg Noodles</p> <p><input type="checkbox"/> Teriyaki Chicken Breast with Jasmine Rice and Asian Vegetable Blend</p> <p><input type="checkbox"/> Pork Cutlet Schnitzel with Country Mashed Potato and Apple Glazed Baby Carrots</p> <p><input type="checkbox"/> Irish Beef Stew with Dinner Roll</p> <p><input type="checkbox"/> Ratatouille and White Rice</p> <p><input type="checkbox"/> Tofu Fried Rice Stir Fry</p> <p><input type="checkbox"/> Lasagna Bolognese Roll with Ricotta and Garlic Breadstick</p> <p><input type="checkbox"/> Pasta Primavera With Cream Sauce</p>	<p>★ <b>Snacks/Sweets/Salads</b></p> <p><input type="checkbox"/> Blueberry Muffin  <input type="checkbox"/> Jumbo Cookie  <input type="checkbox"/> Brownie  <input type="checkbox"/> Pudding Cup  <input type="checkbox"/> Strawberry Parfait  <input type="checkbox"/> Hardboiled Egg Cup  <input type="checkbox"/> Fresh Fruit Cup  <input type="checkbox"/> Grapes &amp; 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Rosemary with Roasted Corn &amp; Vegetable Succotash Salad</p> <p><input type="checkbox"/> Big Ole Beef Burrito and Mexican Fiesta Rice</p> <p><input type="checkbox"/> Vegetarian Shepherd's Pie</p> <p><input type="checkbox"/> Vegetarian Burrito and Steamed Brown Rice</p> <p><input type="checkbox"/> Broccoli With Garlic &amp; Lemon and Whole Wheat Penne</p> <p><input type="checkbox"/> Gnocchi Alla Bolognese and Garlic Breadstick</p>	<p>★ <b>Snacks/Sweets/Salads</b></p> <p><input type="checkbox"/> Blueberry Muffin  <input type="checkbox"/> Jumbo Cookie  <input type="checkbox"/> Brownie  <input type="checkbox"/> Pudding Cup  <input type="checkbox"/> Strawberry Parfait  <input type="checkbox"/> Hardboiled Egg Cup  <input type="checkbox"/> Fresh Fruit Cup  <input type="checkbox"/> Grapes &amp; Cheese Cup  <input type="checkbox"/> Tossed Garden Salad  <input type="checkbox"/> Caesar Side Salad</p> <p><b>S</b> <input type="checkbox"/> Raspberry &amp; Chocolate Yogurt Parfait  <b>S</b> <input type="checkbox"/> Cantaloupe Fruit Cup</p> <p>★ <b>Sandwiches/Soups</b></p> <p><input type="checkbox"/> Turkey &amp; 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Herb Brown Rice</p> <p><input type="checkbox"/> Chicken Broccoli Alfredo Pasta Bowl and Garlic Breadstick</p> <p><input type="checkbox"/> Spaghetti &amp; Meatballs Pasta Bowl and Herb Seasoned Breadstick</p>

NOTES: