

MENU & ORDER FORM

WEEK OF May 29 - June 1



CLIENT NAME:

MEAL PLAN:  LARGE  MEDIUM  SMALL

Please write in the quantity of selections you'd like for the week, according to the star colors on your meal plan: ★ Gold Star ★ Silver Star ★ Blue Star

MONDAY DELIVERY

WEDNESDAY DELIVERY

FRIDAY DELIVERY

# No Delivery Memorial Day

★ Snacks/Sweets/Salads -----

- Strawberry Parfait
- Chocolate Chip Cookie
- Devils Food Cake
- Chocolate Pudding Cup
- Hardboiled Egg Cup
- Melon, Pineapple, Strawberries Cup
- Grapes & Cheese Cup
- Tossed Garden Salad
- Caesar Side Salad
- S  Cantaloupe Cup
- S  Apple Cheddar Walnut Salad
- S  Pineapple Coconut Parfait

★ Sandwiches/Soups -----

- Turkey & Cheese on Wheat
- Herbed Ham & Cheese Wrap
- Roast Beef & Cheddar Sub
- Italian Sub
- Chicken Salad on Wheat Bread
- Chicken Caesar Wrap
- Navy Bean Soup
- Split Pea Soup
- S  Ranch Chicken BLT Wrap

★ Entrée -----

- Breaded Shrimp with Cocktail Sauce, Baked Potato and Corn
- Open Face Hot Turkey Sandwich, Whipped Potatoes and Green Beans
- Beef & Bean Burrito with Rice and Beans
- Chicken Breast Cordon Bleu, Brown Rice and Fresh Zucchini & Tomatoes
- Garden Vegetable Penne Pesto and Dinner Roll
- Sesame Garlic Stir Fried Vegetables, Brown Rice and Vegetable Egg Roll

★ Snacks/Sweets/Salads -----

- Strawberry Parfait
- Hardboiled Egg Cup
- Melon, Pineapple, Strawberries Cup
- Grapes & Cheese Cup
- Tapioca Pudding Cup
- Chocolate Chip Cookie
- Chocolate Pudding
- Tossed Garden Salad
- Caesar Side Salad
- S  Cantaloupe Cup
- S  Apple Cheddar Walnut Salad
- S  Tropical Yogurt Parfait

★ Sandwiches/Soups -----

- Turkey & Cheese on Wheat
- Herbed Ham & Cheese Wrap
- Chicken Caesar Wrap
- Roast Beef & Cheddar Sub
- Italian Sub
- Chicken Salad on Wheat Bread
- Lentil Soup
- Cabbage Soup
- S  Ranch Chicken BLT Wrap

★ Entrée -----

- Shrimp Fried Rice with Vegetable Egg Roll
- Meat Lasagna, Broccoli Florets and Garlic Bread
- Sweet and Sour Chicken, Brown Rice and Dinner Roll
- Strawberry Basil and Grilled Chicken Dinner Salad and Dinner Roll
- Roasted Garlic Tomato Risotto and Dinner Roll
- Egg Plant Parmesan Casserole and Garlic Bread

NOTES: