

MENU & ORDER FORM

WEEK OF March 12th To March 16th



Comfort Keepers



CLIENT NAME:

MEAL PLAN: LARGE MEDIUM SMALL

Please write in the quantity of selections you'd like for the week, according to the star colors on your meal plan: ★ Gold Star ★ Silver Star ★ Blue Star

MONDAY DELIVERY	WEDNESDAY DELIVERY	FRIDAY DELIVERY
<p>★ Snacks/Sweets/Salads</p> <ul style="list-style-type: none"> <input type="checkbox"/> Blueberry Muffin <input type="checkbox"/> Jumbo Cookie <input type="checkbox"/> Brownie <input type="checkbox"/> Pudding Cup <input type="checkbox"/> Strawberry Parfait <input type="checkbox"/> Hardboiled Egg Cup <input type="checkbox"/> Fresh Fruit Cup <input type="checkbox"/> Grapes & Cheese Cup <input type="checkbox"/> Tossed Garden Salad <input type="checkbox"/> Caesar Side Salad <p>S <input type="checkbox"/> Tropical Yogurt Parfait</p> <p>S <input type="checkbox"/> Cantaloupe Cup</p> <p>★ Sandwiches/Soups</p> <ul style="list-style-type: none"> <input type="checkbox"/> Turkey & Cheddar <input type="checkbox"/> Ham & Cheddar Wrap <input type="checkbox"/> Roast Beef & Cheddar Sub <input type="checkbox"/> Italian Sub <input type="checkbox"/> Chicken Salad Sandwich <input type="checkbox"/> Tuna Salad Sandwich <input type="checkbox"/> Chicken Caesar Wrap <input type="checkbox"/> Chicken Noodle Soup <input type="checkbox"/> Traditional Chili <p>S <input type="checkbox"/> Beef on Ciabatta (Red Pepper, Goat Cheese)</p> <p>S <input type="checkbox"/> Seattle Avocado Wrap</p> <p>S <input type="checkbox"/> Chicken Taco Salad</p> <p>★ Entrée</p> <ul style="list-style-type: none"> <input type="checkbox"/> Chicken Lo Mein With Vegetable Egg Roll <input type="checkbox"/> Stuffed Chicken Breasts With Rice Pilaf And Zucchini & Yellow Squash <input type="checkbox"/> Chicken Fried Steak With Gravy And Garlic Mashed Potatoes With Steamed Corn <input type="checkbox"/> Breaded Fried Pork Cutlet With Scalloped Potatoes And Glazed Carrots <input type="checkbox"/> Vegetable Lo Mein With Vegetable Egg Roll <input type="checkbox"/> Vegetarian Stuffed Portobello Mushrooms <input type="checkbox"/> Swedish Meatball With Buttered Egg Noodle And Green Peas <input type="checkbox"/> Penne Carbonara With Chicken And Breadstick 	<p>★ Snacks/Sweets/Salads</p> <ul style="list-style-type: none"> <input 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Seattle Avocado Wrap</p> <p>S <input type="checkbox"/> Chicken Taco Salad</p> <p>★ Entrée</p> <ul style="list-style-type: none"> <input type="checkbox"/> Mango Citrus Chicken Breast With Yellow Rice & Black Beans And Fresh Cauliflower <input type="checkbox"/> London Broil With Oven Roast Garlic Red Potatoes and Roasted Vegetables <input type="checkbox"/> Panko Crusted Pork Chop With Jasmine Rice And Green Beans & Ginger <input type="checkbox"/> Beef & Broccoli Stir Fry With White Rice <input type="checkbox"/> Corned Beef and Cabbage Dinner with Dinner Roll <input type="checkbox"/> Vegetarian Stuffed Green Pepper <input type="checkbox"/> Baked Ziti With Garlic Parmesan Breadstick <input type="checkbox"/> Goulash With French Breadstick

NOTES: