

MENU & ORDER FORM
WEEK OF October 9th to 15th



CLIENT NAME:

MEAL PLAN: Large Medium Small

Please write in the quantity of selections you'd like for the week, according to the star colors on your meal plan: ★ Gold Star ★ Silver Star ★ Blue Star

MONDAY DELIVERY	WEDNESDAY DELIVERY	FRIDAY DELIVERY
<p>★ Snacks/Sweets/Salads</p> <p><input type="checkbox"/> Blueberry Muffin <input type="checkbox"/> Jumbo Cookie <input type="checkbox"/> Brownie <input type="checkbox"/> Pudding Cup <input type="checkbox"/> Strawberry Parfait <input type="checkbox"/> Hardboiled Egg Cup <input type="checkbox"/> Fresh Fruit Cup <input type="checkbox"/> Grapes & Cheese Cup <input type="checkbox"/> Tossed Garden Salad <input type="checkbox"/> Caesar Side Salad</p> <p>S <input type="checkbox"/> Blueberry, Peach & Honey Parfait</p> <p>★ Sandwiches/Soups</p> <p><input type="checkbox"/> Turkey & Cheddar <input type="checkbox"/> Ham & Cheddar Wrap <input type="checkbox"/> Roast Beef & Cheddar Sub <input type="checkbox"/> Italian Sub <input type="checkbox"/> Chicken Salad Sandwich <input type="checkbox"/> Tuna Salad Sandwich <input type="checkbox"/> Chicken Caesar Wrap <input type="checkbox"/> Chicken Noodle Soup <input type="checkbox"/> Traditional Chili</p> <p>S <input type="checkbox"/> Tomato Mozzarella Ciabatta S <input type="checkbox"/> Ham & Cheddar on Seasoned Sub S <input type="checkbox"/> Turkey & Bacon Club Wrap S <input type="checkbox"/> Edamame, Apple and Nut Salad</p> <p>★ Entrée</p> <p><input type="checkbox"/> Chicken Marsala with Egg Noodles, Zucchini and Tomatoes <input type="checkbox"/> Chicken Breast Florentine with Brown Rice and Broccoli <input type="checkbox"/> Grilled Bratwurst With Sauerkraut and Dijon Roasted Potatoes <input type="checkbox"/> Braised Beef Siciliano with Rice and Orzo Pilaf and Roasted Vegetables <input type="checkbox"/> Vegetable Fried Rive and Vegetable Egg Roll <input type="checkbox"/> Manicotti with Marinara Sauce and Dinner Roll <input type="checkbox"/> Cheese Ravioli with Marinara and Garlic Bread <input type="checkbox"/> White Vegetable Lasagna with Breadstick</p>	<p>★ Snacks/Sweets/Salads</p> <p><input type="checkbox"/> Blueberry Muffin <input type="checkbox"/> Jumbo Cookie <input type="checkbox"/> Brownie <input type="checkbox"/> Pudding 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Entrée</p> <p><input type="checkbox"/> Maple Roasted Chicken Breast with Mashed Sweet Potatoes and California Mixed Vegetables <input type="checkbox"/> Roasted Turkey Breast with Mashed Potatoes and Fresh Green Beans <input type="checkbox"/> Balsamic Grilled Flank Steak with Herb Browned Potatoes and Summer Squash and Carrots <input type="checkbox"/> Roast Pork Fried Rice and Vegetable Egg Roll <input type="checkbox"/> Creamy Butternut Squash Risotto <input type="checkbox"/> Chicken Bruschetta Pasta with Dinner Roll <input type="checkbox"/> Vegetarian Paella <input type="checkbox"/> Meat Lasagna with Garlic Breadstick</p>	<p>★ Snacks/Sweets/Salads</p> <p><input type="checkbox"/> Blueberry Muffin <input type="checkbox"/> Jumbo Cookie <input type="checkbox"/> Brownie <input type="checkbox"/> Pudding Cup <input type="checkbox"/> Strawberry Parfait <input type="checkbox"/> Hardboiled Egg Cup <input type="checkbox"/> Fresh Fruit Cup <input type="checkbox"/> Grapes & Cheese Cup <input 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Sautéed Cabbage and Onion <input type="checkbox"/> Old Fashioned Beef Stew with Biscuit <input type="checkbox"/> Cheese Tortellini with Vegetables and Breadstick <input type="checkbox"/> Beef Pot Pie <input type="checkbox"/> Yankee Pot Roast, Cheddar Mashed Potatoes and Carrots <input type="checkbox"/> Penne Pasta Caprese with Garlic Bread <input type="checkbox"/> Tuna Noddle Casserole with Dinner Roll</p>
<p>NOTES:</p>		