

MENU & ORDER FORM

WEEK OF Sept 25-31



CLIENT NAME:

MEAL PLAN: GOLD SILVER BLUE

Please write in the quantity of selections you'd like for the week, according to the star colors on your meal plan: ★ Gold Star ★ Silver Star ★ Blue Star

MONDAY DELIVERY	WEDNESDAY DELIVERY	FRIDAY DELIVERY
<p>★ Snacks/Sweets/Salads</p> <ul style="list-style-type: none"> <input type="checkbox"/> Blueberry Muffin <input type="checkbox"/> Jumbo Cookie <input type="checkbox"/> Brownie <input type="checkbox"/> Pudding Cup <input type="checkbox"/> Strawberry Parfait <input type="checkbox"/> Hardboiled Egg Cup <input type="checkbox"/> Fresh Fruit Cup <input type="checkbox"/> Grapes & Cheese Cup <input type="checkbox"/> Tossed Garden Salad <input type="checkbox"/> Caesar Side Salad <p>S <input type="checkbox"/> Pineapple and Coconut Parfait</p>	<p>★ Snacks/Sweets/Salads</p> <ul style="list-style-type: none"> <input type="checkbox"/> Blueberry Muffin <input type="checkbox"/> Jumbo Cookie <input type="checkbox"/> Brownie <input type="checkbox"/> Pudding Cup <input type="checkbox"/> Strawberry Parfait <input type="checkbox"/> Hardboiled Egg Cup <input type="checkbox"/> Fresh Fruit Cup <input type="checkbox"/> Grapes & Cheese Cup <input type="checkbox"/> Tossed Garden Salad <input type="checkbox"/> Caesar Side Salad <p>S <input type="checkbox"/> Pineapple and Coconut Parfait</p>	<p>★ Snacks/Sweets/Salads</p> <ul style="list-style-type: none"> <input type="checkbox"/> Blueberry Muffin <input type="checkbox"/> Jumbo Cookie <input type="checkbox"/> Brownie <input type="checkbox"/> Pudding Cup <input type="checkbox"/> Strawberry Parfait <input type="checkbox"/> Hardboiled Egg Cup <input type="checkbox"/> Fresh Fruit Cup <input type="checkbox"/> Grapes & Cheese Cup <input type="checkbox"/> Tossed Garden Salad <input type="checkbox"/> Caesar Side Salad <p>S <input type="checkbox"/> Pineapple and Coconut Parfait</p>
<p>★ Sandwiches/Soups</p> <ul style="list-style-type: none"> <input type="checkbox"/> Turkey & Cheddar <input type="checkbox"/> Ham & Cheddar Wrap <input type="checkbox"/> Roast Beef & Cheddar Sub <input type="checkbox"/> Italian Sub <input type="checkbox"/> Chicken Salad Sandwich <input type="checkbox"/> Tuna Salad Sandwich <input type="checkbox"/> Chicken Caesar Wrap <input type="checkbox"/> Chicken Noodle Soup <input type="checkbox"/> Traditional Chili <p>S <input type="checkbox"/> Avocado and Spinach Wrap</p> <p>S <input type="checkbox"/> Caribbean Jerk Chicken on Ciabatta</p> <p>S <input type="checkbox"/> Southwestern Chicken Ceaser Salad</p> <p>S <input type="checkbox"/> Rosemary Chicken Sub</p>	<p>★ Sandwiches/Soups</p> <ul style="list-style-type: none"> <input type="checkbox"/> Turkey & Cheddar <input type="checkbox"/> Ham & Cheddar Wrap <input type="checkbox"/> Roast Beef & Cheddar Sub <input type="checkbox"/> Italian Sub <input type="checkbox"/> Chicken Salad Sandwich <input type="checkbox"/> Tuna Salad Sandwich <input type="checkbox"/> Chicken Caesar Wrap <input type="checkbox"/> Chicken Noodle Soup <input type="checkbox"/> Traditional Chili <p>S <input type="checkbox"/> Avocado and Spinach Wrap</p> <p>S <input type="checkbox"/> Caribbean Jerk Chicken on Ciabatta</p> <p>S <input type="checkbox"/> Southwestern Chicken Ceaser Salad</p> <p>S <input type="checkbox"/> Rosemary Chicken Sub</p>	<p>★ Sandwiches/Soups</p> <ul style="list-style-type: none"> <input type="checkbox"/> Turkey & Cheddar <input type="checkbox"/> Ham & Cheddar Wrap <input type="checkbox"/> Roast Beef & Cheddar Sub <input type="checkbox"/> Italian Sub <input type="checkbox"/> Chicken Salad Sandwich <input type="checkbox"/> Tuna Salad Sandwich <input type="checkbox"/> Chicken Caesar Wrap <input type="checkbox"/> Chicken Noodle Soup <input type="checkbox"/> Traditional Chili <p>S <input type="checkbox"/> Avocado and Spinach Wrap</p> <p>S <input type="checkbox"/> Caribbean Jerk Chicken on Ciabatta</p> <p>S <input type="checkbox"/> Southwestern Chicken Ceaser Salad</p> <p>S <input type="checkbox"/> Rosemary Chicken Sub</p>
<p>★ Entrée</p> <ul style="list-style-type: none"> <input type="checkbox"/> Pork Cutlet Schnitzel with Roasted Red Bliss Potatoes and Roasted Beets <input type="checkbox"/> Sesame Pork Cutlet with Jasmine Rice and Steamed Broccoli <input type="checkbox"/> Vegetable Lo Mein <input type="checkbox"/> Rosemary Chicken Risotto with Green Peas <input type="checkbox"/> Panko-Crusted Chicken with Roasted Veggies and Brown Rice <input type="checkbox"/> Grilled Beef Fajita with Fiesta Rice <input type="checkbox"/> Vegetable Fried Rice with Vegetable Egg Roll <input type="checkbox"/> Spaghetti & Meatballs With Sauce and Garlic Bread 	<p>★ Entrée</p> <ul style="list-style-type: none"> <input type="checkbox"/> Grilled Cumin Chicken with Roasted Sweet Potatoes and Zucchini with Tomatoes <input type="checkbox"/> Chicken Fried Steak with Gravy Mashed Potatoes and Corn <input type="checkbox"/> Vegetarian Burrito with Brown Rice Pilaf <input type="checkbox"/> Broccoli and Cheese Chicken Alfredo with Dinner Roll <input type="checkbox"/> Root Beer Chicken Breast with Rice and Orzo Pilaf and Steamed Broccoli and Cauliflower <input type="checkbox"/> Vegetarian Paella with Dinner Roll <input type="checkbox"/> Roasted Pork with Tomato Cilantro Sauce, Roasted Rosemary Red Potatoes and Herb Roasted Carrots <input type="checkbox"/> Penne with Italian Sausage and Garlic Bread 	<p>★ Entrée</p> <ul style="list-style-type: none"> <input type="checkbox"/> Lemon Parmesan Chicken with Rice Pilaf and California Mixed Vegetables <input type="checkbox"/> Memphis BBQ Rotisserie Pork with Dirty Mashed Potatoes and Apple Glazed Baby Carrots <input type="checkbox"/> Stuffed Tomato with Rice Pilaf <input type="checkbox"/> Extra Crusty Macaroni and Cheese with Dinner Roll <input type="checkbox"/> Coffee Crusted Pork with Mashed Sweet Potatoes and Yellow Squash <input type="checkbox"/> Beef Pot Pie <input type="checkbox"/> Vegetarian Stuffed Green Pepper with Dinner Roll <input type="checkbox"/> Garden Vegetable Penne Pesto with Garlic Breadstick

NOTES: