MENU & ORDER FORM WEEK OF Apr 30th to May 4th



CLIENT NAME:

MEAL PLAN: | LARGE | | MEDIUM | | SMALL

Please write in the quantity of selections you'd like for the week, according to the star colors on your meal plan: * Gold Star * Silver Star * Blue Star

MONDAY DELIVERY	WEDNESDAY DELIVERY	FRIDAY DELIVERY
★ Snacks/Sweets/Salads	★ Snacks/Sweets/Salads	★ Snacks/Sweets/Salads
☐ Blueberry Muffin	☐ Blueberry Muffin	☐ Blueberry Muffin
☐ Jumbo Cookie	☐ Jumbo Cookie	☐ Jumbo Cookie
☐ Brownie	☐ Brownie	☐ Brownie
☐ Pudding Cup	☐ Pudding Cup	☐ Pudding Cup
☐ Strawberry Parfait	☐ Strawberry Parfait	☐ Strawberry Parfait
☐ Hardboiled Egg Cup	☐ Hardboiled Egg Cup	☐ Hardboiled Egg Cup
☐ Fresh Fruit Cup	☐ Fresh Fruit Cup	☐ Fresh Fruit Cup
☐ Grapes & Cheese Cup	☐ Grapes & Cheese Cup	☐ Grapes & Cheese Cup
☐ Tossed Garden Salad	☐ Tossed Garden Salad	☐ Tossed Garden Salad
☐ Caesar Side Salad	☐ Caesar Side Salad	☐ Caesar Side Salad
S Blueberry Yogurt Parfait	S 🗌 Blueberry Yogurt Parfait	S 🗌 Blueberry Yogurt Parfait
S Cantaloupe Cup	S ☐ Cantaloupe Cup	S Cantaloupe Cup
★ Sandwiches/Soups	★ Sandwiches/Soups	★ Sandwiches/Soups
☐ Turkey & Cheddar	☐ Turkey & Cheddar	☐ Turkey & Cheddar
☐ Ham & Cheddar Wrap	☐ Ham & Cheddar Wrap	☐ Ham & Cheddar Wrap
Roast Beef & Cheddar Sub	☐ Roast Beef & Cheddar Sub	Roast Beef & Cheddar Sub
☐ Italian Sub	☐ Italian Sub	☐ Italian Sub
☐ Chicken Salad Sandwich	☐ Chicken Salad Sandwich	☐ Chicken Salad Sandwich
☐ Tuna Salad Sandwich	☐ Tuna Salad Sandwich	☐ Tuna Salad Sandwich
☐ Chicken Caesar Wrap	☐ Chicken Caesar Wrap	☐ Chicken Caesar Wrap
☐ Chicken Noodle Soup	☐ Chicken Noodle Soup	☐ Chicken Noodle Soup
☐ Traditional Chili	☐ Traditional Chili	☐ Traditional Chili
S 🗌 Roast Turkey Club Wrap	S 🗌 Roast Turkey Club Wrap	S 🗌 Roast Turkey Club Wrap
S Chicken Caesar Salad	S Chicken Caesar Salad	S 🗌 Chicken Caesar Salad
★ Entrée	★ Entrée	* Entrée
Chicken A La King with Buttered Egg	Chicken Breast Parmesan with	Chicken Breast Paprika with Country
Noodles	Spaghetti & Marinara Sauce with	Mashed Potato and Peas
recouled	Italian Vegetables	madrida i diale aria i dae
Taningli Objeten Breed with Jermine	-	Chicker Broom with Observer
 ☐ Teriyaki Chicken Breast with Jasmine Rice and Asian Vegetable Blend 	☐ Chicken Breast Cordon Bleu with Rice Pilaf and Balsamic Roasted	☐ Chicken Breast with Sherry and Mushrooms with Brown Rice Pilaf and
Nice and Asian Vegetable blend	Vegetables	Broccoli
☐ Pork Cutlet Schnitzel with Country	Roast Pork Loin With Mustard Herb	☐ Stuffed Green Pepper with Tomato
Mashed Potato and Apple Glazed Baby	Crust and Roasted Red Potatoes &	Sauce
Carrots	Rosemary and Roasted Corn and	
	Succotash Salad	
☐ Irish Beef Stew with Dinner Roll	☐ Big Ole Beef Burrito with Mexican	☐ Beef Stroganoff with Egg Noodles and
	Fiesta Rice	Green Peas
Detetaville with White Dies	□ Vereteries Chenharde Die	Draceli Mushreem Chadder Dies
☐ Ratatouille with White Rice	☐ Vegetarian Shepherd's Pie	☐ Broccoli Mushroom Cheddar Rice Casserole
		Casserole
☐ Tofu Fried Rice Stir Fry	☐ Vegetarian Burrito with Brown Rice	☐ Mediterranean Lentil Ragout with
		Tomato & Herb Brown Rice
☐ Lasagna Bolognese Roll with Garlic	☐ Broccoli With Garlic & Lemon and	☐ Chicken Broccoli Alfredo Pasta with
Breadstick	Whole Wheat Penne	Garlic Breadstick
☐ Pasta Primavera With Cream Sauce	Gnocchi Alla Bolognese with Garlic	☐ Spaghetti & Meatballs with Herb Seasoned Breadstick
	Breadstick	Seasureu Dreaustick
NOTES:		