



whole
person

Caring for the whole person is at the center of our Interactive Caregiving™ philosophy. It's a holistic approach that cares for mind, body, spirit, and well-being. Instead of just doing *for* your loved ones, we use every moment to do *with* them. Elevating their sense of purpose and control, and turning little tasks into memorable moments. We incorporate technology to help elders connect with family and savor memories. Interactive Caregiving means our care coordinators assess your senior's well-being and inform family members at every step.



everyday
moments

Every person has an inner spark. It's something age and illness cannot take away. At Comfort Keepers®, we go beyond daily care needs to nurture those unique qualities and bring about a sense of hope, connectedness, purpose, and most importantly, joy. We help them reclaim all that life has to offer. This is precisely what Elevating The Human Spirit™ is all about. When we lift people's spirits, research shows they feel better, live longer, and experience life more fully.

Elevating spirits for 20 years

Comfort Keepers has been elevating the lives of adults and seniors for more than 20 years. As a trusted resource for helping Americans stay in their homes as they age, we offer companionship and personal care to aid our clients, helping them to achieve and live at their best quality of life.



Our services

- **Companion care** including light housekeeping, laundry, medication reminders, socialization, and activities
- **Personal care** such as grooming, bathing, transferring, toileting, and incontinence care
- **Daily nutrition**, meal preparation, and hydration
- **Transportation** by our caregivers or Lyft, for shopping, errands, family outings, doctor/ pharmacy visits
- **Advanced care** with private duty nursing, Alzheimer's, Parkinson's, and specialized services
- **Technology** to engage and keep seniors socially active, connected, and safe, plus providing transparency of care to family and care teams

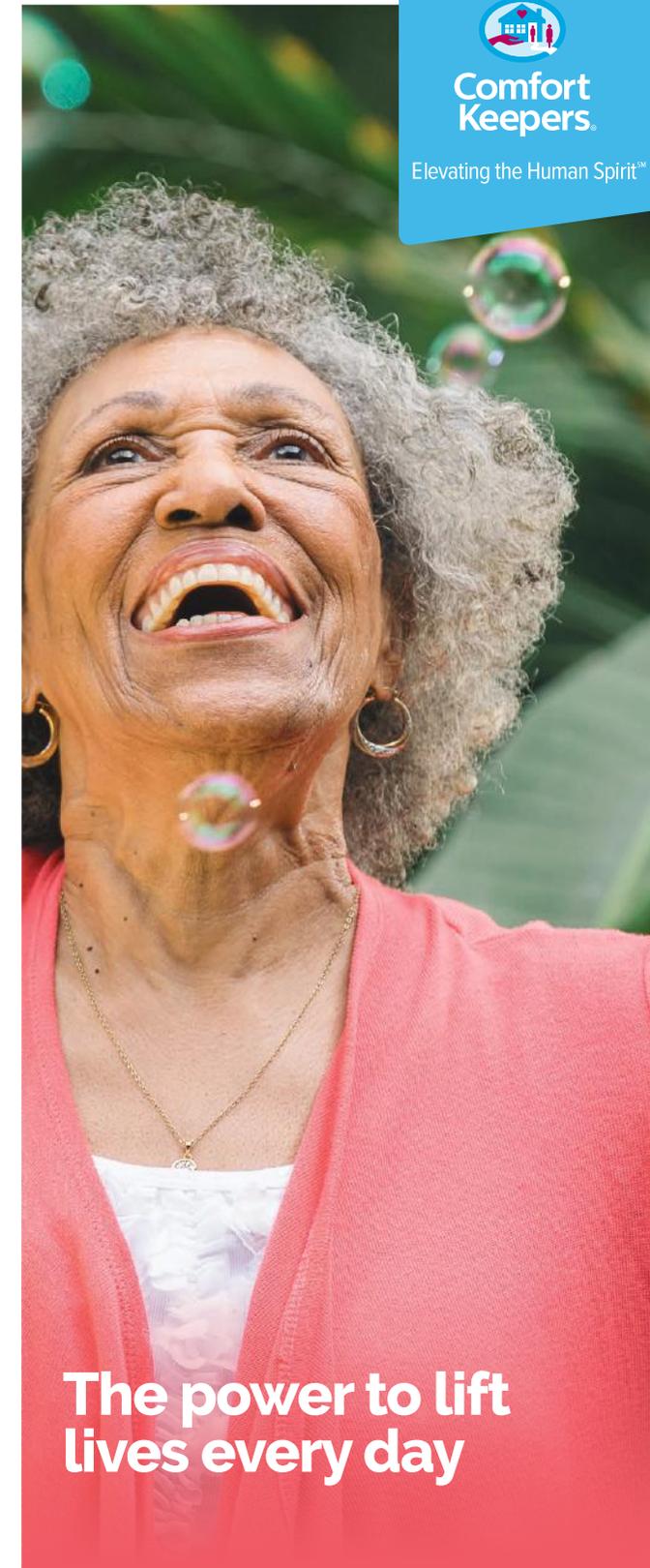


Elevating the Human Spirit™

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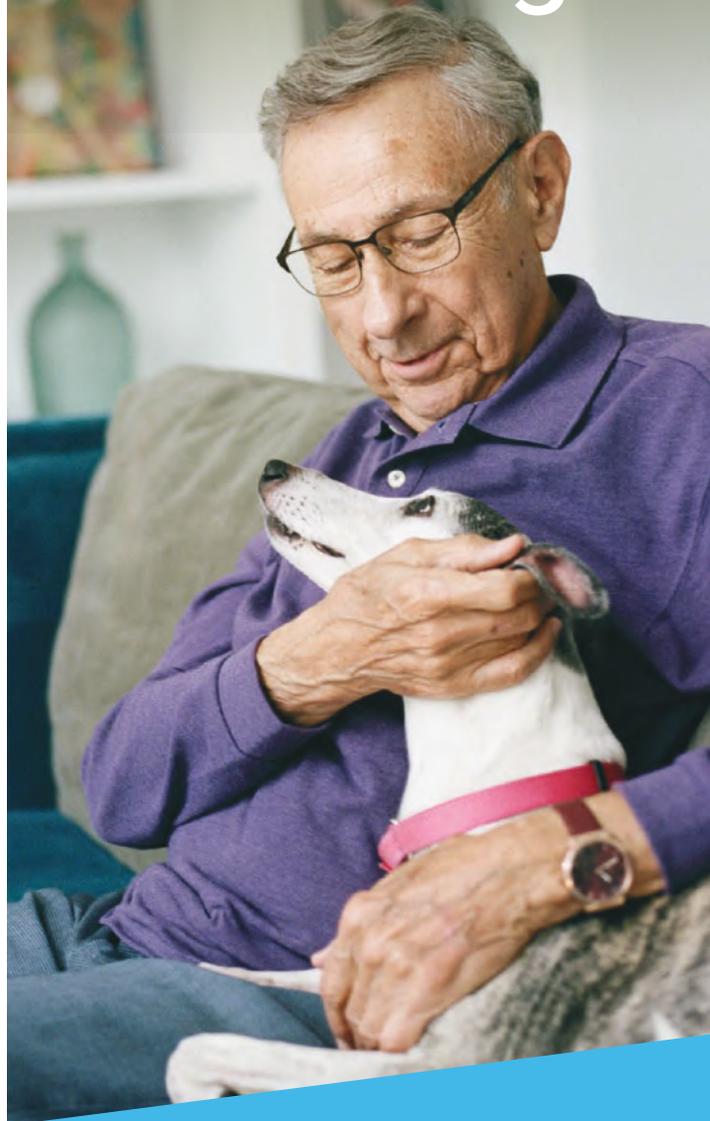


Comfort
Keepers

Elevating the Human Spirit™

The power to lift
lives every day

Elevating



the



Human



SpiritSM



“ **SENIOR HAPPINESS** comes not from extraordinary events, but tried and true daily experiences with those around them.”

JOURNAL OF CONSUMER RESEARCH

“ **SOCIALLY ENGAGED SENIORS** have higher levels of physical, mental, and cognitive functioning.”

STANFORD CENTER ON LONGEVITY

“ The smallest amount of exercise appears to help **SENIORS LIVE LONGER** and have a lower risk of disability.”

HEBREW UNIVERSITY

Lifting spirits is at the heart of every *Comfort Keeper*[®].

In every *Comfort Keeper*[®] is a heart to care for others. It's a special combination of compassion and capability. In return, we make sure those who care for our clients are also taken care of. Each caregiver is carefully selected and trained in serving elders. And backed by a care team committed to “caring for seniors as though they are part of our own family.”