

**MENU & ORDER FORM**

**WEEK OF Dec 17th to Dec 21st**



CLIENT NAME:

MEAL PLAN:  LARGE  MEDIUM  SMALL

Please write in the quantity of selections you'd like for the week, according to the star colors on your meal plan: ★ Gold Star ★ Silver Star ★ Blue Star

MONDAY DELIVERY	WEDNESDAY DELIVERY	FRIDAY DELIVERY
<p>★ <b>Snacks/Sweets/Salads</b> -----</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Blueberry Muffin</li> <li><input type="checkbox"/> Apple Cinnamon Scone</li> <li><input type="checkbox"/> Chocolate Pudding Cup</li> <li><input type="checkbox"/> Strawberry Parfait</li> <li><input type="checkbox"/> Hardboiled Egg Cup</li> <li><input type="checkbox"/> Fresh Fruit Cup</li> <li><input type="checkbox"/> Grapes &amp; Cheese Cup</li> <li><input type="checkbox"/> Tossed Garden Salad</li> <li><input type="checkbox"/> Caesar Side Salad</li> <li>S <input type="checkbox"/> Strawberry and Blueberry Parfait</li> <li>S <input type="checkbox"/> Pineapple Cup</li> </ul> <p>★ <b>Sandwiches/Soups</b> -----</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Turkey &amp; Cheddar on Wheat</li> <li><input type="checkbox"/> Ham &amp; Cheddar Wrap</li> <li><input type="checkbox"/> Roast Beef &amp; Cheddar Sub</li> <li><input type="checkbox"/> Italian Sub</li> <li><input type="checkbox"/> Tuna Salad on Wheat</li> <li><input type="checkbox"/> Chicken Caesar Wrap</li> <li><input type="checkbox"/> Chili</li> <li><input type="checkbox"/> Old Fashioned Chicken Noodle Soup</li> <li>S <input type="checkbox"/> Club Sub</li> <li>S <input type="checkbox"/> Baby Spinach and Beet Salad</li> </ul> <p>★ <b>Entrée</b> -----</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Stuffed Chicken Breasts with Rice Pilaf and Zucchini with Yellow Squash</li> <li><input type="checkbox"/> Chicken Fried Steak with Gravy, Garlic Mashed Potatoes and Steamed Corn</li> <li><input type="checkbox"/> Grilled Bratwurst with Braised Cabbage and Parsley Boiled Potatoes</li> <li><input type="checkbox"/> Vegetarian Stuffed Portobello with Mushrooms</li> <li><input type="checkbox"/> Swedish Meatballs with Buttered Egg Noodles and Green Peas</li> <li><input type="checkbox"/> Curried Rice and Lentils with Roasted Yellow Squash</li> </ul>	<p>★ <b>Snacks/Sweets/Salads</b> -----</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Jumbo Chocolate Chip Cookie</li> <li><input type="checkbox"/> Apple Pie</li> <li><input type="checkbox"/> Chocolate Brownie</li> <li><input type="checkbox"/> Strawberry Parfait</li> <li><input type="checkbox"/> Hardboiled Egg Cup</li> <li><input type="checkbox"/> Fresh Fruit Cup</li> <li><input type="checkbox"/> Grapes &amp; Cheese Cup</li> <li><input type="checkbox"/> Tossed Garden Salad</li> <li><input type="checkbox"/> Caesar Side Salad</li> <li>S <input type="checkbox"/> Strawberry and Blueberry Parfait</li> <li>S <input type="checkbox"/> Pineapple Cup</li> </ul> <p>★ <b>Sandwiches/Soups</b> -----</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Turkey &amp; Cheddar on Wheat</li> <li><input type="checkbox"/> Ham &amp; Cheddar Wrap</li> <li><input type="checkbox"/> Roast Beef &amp; Cheddar Sub</li> <li><input type="checkbox"/> Italian Sub</li> <li><input type="checkbox"/> Tuna Salad on Wheat</li> <li><input type="checkbox"/> Chicken Caesar Wrap</li> <li><input type="checkbox"/> Creamy Broccoli Soup</li> <li><input type="checkbox"/> Minestrone Soup</li> <li>S <input type="checkbox"/> Club Sub</li> <li>S <input type="checkbox"/> Baby Spinach and Beet Salad</li> </ul> <p>★ <b>Entrée</b> -----</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Scratch Buttermilk Fried Chicken Cutlet, Mashed Potatoes and Steamed Fresh Baby Carrots</li> <li><input type="checkbox"/> Turkey Pot Pie</li> <li><input type="checkbox"/> Brown Sugar Rubbed Pork Loin, Mashed Sweet Potatoes and Mixed Vegetables</li> <li><input type="checkbox"/> Butternut Squash and Lentils with Oven Roasted Potato Wedges</li> <li><input type="checkbox"/> Tomato Risotto with Dinner Roll</li> <li><input type="checkbox"/> Spaghetti and Meat Sauce with Fresh Breadstick</li> </ul>	<p>★ <b>Snacks/Sweets/Salads</b> -----</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Cranberry Orange Muffin</li> <li><input type="checkbox"/> Jumbo Oatmeal Raisin Cookie</li> <li><input type="checkbox"/> Pumpkin Pie</li> <li><input type="checkbox"/> Strawberry Parfait</li> <li><input type="checkbox"/> Hardboiled Egg Cup</li> <li><input type="checkbox"/> Fresh Fruit Cup</li> <li><input type="checkbox"/> Grapes &amp; 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<p>NOTES:</p>		