

**MENU & ORDER FORM**

**WEEK OF Oct 15th to Oct 19th**



CLIENT NAME:

MEAL PLAN:  LARGE  MEDIUM  SMALL

Please write in the quantity of selections you'd like for the week, according to the star colors on your meal plan: ★ Gold Star ☆ Silver Star ★ Blue Star

MONDAY DELIVERY	WEDNESDAY DELIVERY	FRIDAY DELIVERY
<p>★ <b>Snacks/Sweets/Salads</b> -----</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Cranberry Orange Muffin</li> <li><input type="checkbox"/> Chocolate Brownie</li> <li><input type="checkbox"/> New York Cheesecake</li> <li><input type="checkbox"/> Strawberry Parfait</li> <li><input type="checkbox"/> Hardboiled Egg Cup</li> <li><input type="checkbox"/> Fresh Fruit Cup</li> <li><input type="checkbox"/> Grapes &amp; Cheese Cup</li> <li><input type="checkbox"/> Tossed Garden Salad</li> <li><input type="checkbox"/> Caesar Side Salad</li> </ul> <p><b>S</b> <input type="checkbox"/> Apple Pie Parfait</p> <p><b>S</b> <input type="checkbox"/> Honeydew Cup</p> <p>★ <b>Sandwiches/Soups</b> -----</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Turkey &amp; Cheddar on Wheat</li> <li><input type="checkbox"/> Ham &amp; Cheddar Wrap</li> <li><input type="checkbox"/> Roast Beef &amp; Cheddar Sub</li> <li><input type="checkbox"/> Italian Sub</li> <li><input type="checkbox"/> Chicken Salad on Wheat</li> <li><input type="checkbox"/> Chicken Caesar Wrap</li> <li><input type="checkbox"/> Chicken Noodle Soup</li> <li><input type="checkbox"/> Curried Carrot Soup</li> </ul> <p><b>S</b> <input type="checkbox"/> Bacon Chicken Ranch Wrap</p> <p><b>S</b> <input type="checkbox"/> Harvest Beet and Blue Cheese Salad</p> <p>★ <b>Entrée</b> -----</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Spaghetti &amp; Meatballs Pasta with Garlic Bread</li>   <li><input type="checkbox"/> Sweet and Sour Chicken with Rice</li>   <li><input type="checkbox"/> Bbq Marinated Chicken with Oven Roast Garlic Red Potatoes and Maple Glazed Carrots</li>   <li><input type="checkbox"/> Chicken Pot Pie with Biscuit</li>   <li><input type="checkbox"/> Chicken Fried Steak &amp; Cream Gravy Country Mash Potatoes Steamed Corn</li> <li><input type="checkbox"/> Quinoa Primavera with Dinner Roll</li> </ul>	<p>★ <b>Snacks/Sweets/Salads</b> -----</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Chocolate Pudding Cup</li> <li><input type="checkbox"/> Blueberry Muffin</li> <li><input type="checkbox"/> Chocolate Brownie</li> <li><input type="checkbox"/> Strawberry Parfait</li> <li><input type="checkbox"/> Hardboiled Egg Cup</li> <li><input type="checkbox"/> Fresh Fruit Cup</li> <li><input type="checkbox"/> Grapes &amp; Cheese Cup</li> <li><input type="checkbox"/> Tossed Garden Salad</li> <li><input type="checkbox"/> Caesar Side Salad</li> </ul> <p><b>S</b> <input type="checkbox"/> Apple Pie Parfait</p> <p><b>S</b> <input type="checkbox"/> Honeydew Cup</p> <p>★ <b>Sandwiches/Soups</b> -----</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Turkey &amp; Cheddar on Wheat</li> <li><input type="checkbox"/> Ham &amp; Cheddar Wrap</li> <li><input type="checkbox"/> Roast Beef &amp; Cheddar Sub</li> <li><input type="checkbox"/> Italian Sub</li> <li><input type="checkbox"/> Chicken Salad on Wheat</li> <li><input type="checkbox"/> Chicken Caesar Wrap</li> <li><input type="checkbox"/> Creamy Tomato with Basil Soup</li> <li><input type="checkbox"/> Beef Vegetable Soup</li> </ul> <p><b>S</b> <input type="checkbox"/> Bacon Chicken Ranch Wrap</p> <p><b>S</b> <input type="checkbox"/> Harvest Beet and Blue Cheese Salad</p> <p>★ <b>Entrée</b> -----</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Southern Style Fried Chicken with Gravy, Country Mash Potatoes and Roasted Corn &amp; Vegetable Succotash Salad</li>   <li><input type="checkbox"/> Penne Pasta, Spinach &amp; Chicken Casserole with Garlic Breadstick</li>   <li><input type="checkbox"/> Ginger Citrus Grilled Chicken Breast with Steamed White Rice and Apple Glazed Baby Carrots</li>   <li><input type="checkbox"/> Jamaican Jerk Lemon Pork Loin with Cilantro Jasmine Rice and Fresh Grilled Asparagus</li>   <li><input type="checkbox"/> Braised Beef Tips with Buttered Egg Noodles and Sautéed Mushrooms and Zucchini</li> <li><input type="checkbox"/> Pasta Primavera with French Breadstick</li> </ul>	<p>★ <b>Snacks/Sweets/Salads</b> -----</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Double Layer Chocolate Cake</li> <li><input type="checkbox"/> Chocolate Chip Cookie</li> <li><input type="checkbox"/> Banana Chocolate Chip Muffin</li> <li><input type="checkbox"/> Strawberry Parfait</li> <li><input type="checkbox"/> Hardboiled Egg Cup</li> <li><input type="checkbox"/> Fresh Fruit Cup</li> <li><input type="checkbox"/> Grapes &amp; Cheese Cup</li> <li><input type="checkbox"/> Tossed Garden Salad</li> <li><input type="checkbox"/> Caesar Side Salad</li> </ul> <p><b>S</b> <input type="checkbox"/> Apple Pie Parfait</p> <p><b>S</b> <input type="checkbox"/> Honeydew Cup</p> <p>★ <b>Sandwiches/Soups</b> -----</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Turkey &amp; Cheddar on Wheat</li> <li><input type="checkbox"/> Ham &amp; Cheddar Wrap</li> <li><input type="checkbox"/> Roast Beef &amp; Cheddar Sub</li> <li><input type="checkbox"/> Italian Sub</li> <li><input type="checkbox"/> Chicken Salad on Wheat</li> <li><input type="checkbox"/> Chicken Caesar Wrap</li> <li><input type="checkbox"/> Ham, Cabbage and Potato Soup</li> <li><input type="checkbox"/> Fire Roasted Corn Soup</li> </ul> <p><b>S</b> <input type="checkbox"/> Bacon Chicken Ranch Wrap</p> <p><b>S</b> <input type="checkbox"/> Harvest Beet and Blue Cheese Salad</p> <p>★ <b>Entrée</b> -----</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Southwest Flank Steak with Mashed Potatoes with Corn and Chiles with Green Beans with Bacon and Herbs</li>   <li><input type="checkbox"/> Lemongrass Chicken Noodle Bowl with Breadstick</li>   <li><input type="checkbox"/> Chili Mac with Orange Pecan Green Beans and Dinner Roll</li>   <li><input type="checkbox"/> Shrimp Lo Mein with Breadstick</li>   <li><input type="checkbox"/> Vegetarian Burrito</li>   <li><input type="checkbox"/> Mexican Meatloaf with Oven Roasted Potato Wedges and Roasted Vegetables</li> </ul>
<p>NOTES:</p>		