

MENU & ORDER FORM
WEEK OF Aug 20th to Aug 24th



CLIENT NAME:

MEAL PLAN: LARGE MEDIUM SMALL

Please write in the quantity of selections you'd like for the week, according to the star colors on your meal plan: ★ Gold Star ★ Silver Star ★ Blue Star

| MONDAY DELIVERY | WEDNESDAY DELIVERY | FRIDAY DELIVERY |
|--|---|--|
| <p>★ Snacks/Sweets/Salads -----</p> <p><input type="checkbox"/> Chocolate Chip Cookie</p> <p><input type="checkbox"/> Apple Pie</p> <p><input type="checkbox"/> Chocolate Pudding Cup</p> <p><input type="checkbox"/> Strawberry Parfait</p> <p><input type="checkbox"/> Hardboiled Egg Cup</p> <p><input type="checkbox"/> Melon, Pineapple and Strawberry Cup</p> <p><input type="checkbox"/> Grapes & Cheese Cup</p> <p><input type="checkbox"/> Tossed Garden Salad</p> <p><input type="checkbox"/> Caesar Side Salad</p> <p>S <input type="checkbox"/> Blueberry Yogurt Parfait</p> <p>S <input type="checkbox"/> Pineapple Cup</p> <p>★ Sandwiches/Soups -----</p> <p><input type="checkbox"/> Turkey & Cheddar on Wheat</p> <p><input type="checkbox"/> Ham & Cheddar Wrap</p> <p><input type="checkbox"/> Roast Beef & Cheddar Sub</p> <p><input type="checkbox"/> Italian Sub</p> <p><input type="checkbox"/> Egg Salad Sandwich</p> <p><input type="checkbox"/> Chicken Caesar Wrap</p> <p><input type="checkbox"/> Split Pea with Ham Soup</p> <p><input type="checkbox"/> Ham, Cabbage and Potato Soup</p> <p>S <input type="checkbox"/> Chef Salad</p> <p>S <input type="checkbox"/> Ham and Swiss Sub</p> <p>★ Entrée -----</p> <p><input type="checkbox"/> Mojo Marinated Pork Butt with Whipped Sweet Potatoes and Green Beans</p> <p><input type="checkbox"/> Italian Meatloaf with Whipped Potatoes and Corn</p> <p><input type="checkbox"/> Basil Lemon Chicken Breast with Brown Rice and Broccoli, Cauliflower & Carrots</p> <p><input type="checkbox"/> Baked Macaroni and Cheese with Green Beans</p> <p><input type="checkbox"/> Pasta Primavera with Cream Sauce and Dinner Roll</p> | <p>★ Snacks/Sweets/Salads -----</p> <p><input type="checkbox"/> Chocolate Chip Cookie</p> <p><input type="checkbox"/> Apple Crumble</p> <p><input type="checkbox"/> Chocolate Pudding Cup</p> <p><input type="checkbox"/> Strawberry Parfait</p> <p><input type="checkbox"/> Hardboiled Egg Cup</p> <p><input type="checkbox"/> Melon, Pineapple and 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Scalloped Potatoes and Sliced Beets</p> <p><input type="checkbox"/> Chopped Beef Steak On Bun with Sautéed Onions and Mushrooms with Whipped Potatoes and Summer Squash Sauté With Red Pepper</p> <p><input type="checkbox"/> Grilled Chicken With Bruschetta Topping with Brown Rice and Peas and Carrots</p> <p><input type="checkbox"/> Baked Ziti with Vegetables and Garlic Bread</p> <p><input type="checkbox"/> Brown Rice and Vegetable Stuffed Pepper with Dinner Roll</p> | <p>★ Snacks/Sweets/Salads -----</p> <p><input type="checkbox"/> Chocolate Chip Cookie</p> <p><input type="checkbox"/> Rice Pudding</p> <p><input type="checkbox"/> Boston Cream Pie</p> <p><input type="checkbox"/> Strawberry Parfait</p> <p><input type="checkbox"/> Hardboiled Egg Cup</p> <p><input type="checkbox"/> Melon, Pineapple and Strawberry Cup</p> <p><input type="checkbox"/> Grapes & Cheese Cup</p> <p><input type="checkbox"/> Tossed Garden Salad</p> <p><input type="checkbox"/> Caesar Side Salad</p> <p>S <input 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type="checkbox"/> Grilled Teriyaki Chicken Breast with Brown Rice Pilaf and Broccoli</p> <p><input type="checkbox"/> Vegetarian Shepherd's Pie with Dinner Roll</p> <p><input type="checkbox"/> Vegetable Risotto</p> |

NOTES: